

HAPPY NEW YEAR and a Happy January

"Stay in the Light"

A Reflection from Lisa and Peter Steadman

The one thing we have been grateful for during the pandemic has been the time to create and establish a morning habit of reading 'Daily Word', followed by twenty minutes of meditation.

It has become my favourite time of the day as it gives me strength and direction for the day ahead. It has also provided protection during this challenging year and made me aware that there are still many things to enjoy ~ despite the restrictions that surround us.

Finally, I would like to draw your attention to the last paragraph of Daily Word for New Year's Eve, which I find inspiring and comforting ~

"I meet the coming year with a positive, hopeful attitude and an openness to new ways of thinking. I feel ready for a fresh start and a new beginning. No matter the obstacles that may come my way, I remain committed to realising the highest vision for my life."



Message from Carran: Moving Forward

We are now saying goodbye to 2020, with its challenges and trials behind us, and we can now look forward with faith and trust. Traditionally, we would be holding our Burning Bowl Ceremony (one of Bev's favourites) in January, giving us the opportunity to release and let go of the past year, and set our intentions for the new year. However, as we cannot do this in person, we can still spiritually and prayerfully do it for ourselves. The Daily Word booklet and the Advent booklet have given us much support, and strength leading up to Christmas and the New Year, helping us cope and even be grateful for some of our challenges, with the most important ingredient – **Love** – and on a personal note I send my love and gratitude to Kimerie and her team for the dedication and commitment they have shown and shared with us.

My wish for us, is to be able to look back and reflect on how we have come through these challenging times, with greater strength for ourselves, more compassion for others, and a deeper inner knowing that God is good, and good is prevailing for us all. The bible quote that aptly applies to this message, and follows on from Lisa and Pete's message is:

And the one who was seated on the throne said, "See, I am making all things new." – Revelations 21

Love and Blessings,



Carran

Dates for Your Diary

- Burning Bowl from Unity Village
Join Unity Village for a virtual [burning bowl ceremony](#) on January 13, 2021, at 2 p.m. (CT).
- Burning Bowl from Unity Taplow
Join us on Sunday 17th January 2020.
For more information visit:
<https://unityuk.weebly.com/>

***Carran & Beverley
wish you all a healthy
and happy 2021!***

