

unity
in the uk

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JOINING HANDS
and hearts

a spiritual way of living

Paths of Peace

October 2020

Dear Friend,

Walking paths of peace is about how to live lightly in an increasingly-complex and divided world. It's simple – we *can* consciously choose a peaceful response at all times. However, no one ever said it was easy! And the peaceful response can, and often does, mean offering a gentle but powerful 'no' and holding to it with grace and compassion.

It all comes down to consciousness rather than acting on automatic. This is not selfish work; by doing it, we will become a light by which we can guide others. [Read on](#)

Rev. Maggy Whitehouse

Writer, Priest, Kabbalist, Comedian

And leader of our online workshop this month (see below)



Connect with us on social media



Saturday Online workshop

Paths of Peace with Rev. Maggy Whitehouse



Saturday, 17th October

10.30 am - 4.00 pm

"Paths of Peace"

Led by Rev. Maggy Whitehouse

Cost: [Donation](#)

We are very excited to invite you to our October online workshop with Rev. Maggy Whitehouse. Maggy is a very successful and popular presenter. Her ideas and practices continue to inspire and support many on their spiritual journeys.

In *Paths of Peace*, we will learn the power of surrender to the moment; of making peace in the NOW; and how to understand that all is "imperfectly perfect."

Through guidance, discussion, practical exercises and guided meditation, we will follow the paths of the Kabbalistic Tree of Life to re-weave our understanding of all the great teachings of love, surrender and compassion.

More details are on our website - simply book your place with a donation and email us to reserve your place.

Don't miss this exciting opportunity to connect with and learn from Rev. Maggy Whitehouse, an expert and prolific author on Bible History, mysticism and metaphysics.

[Find out more here](#)

Unity Centre Maidenhead

Welcomes you to our

Sunday Online Gathering

18th October at 3.00 pm

Led by: Rev Kimerie Mapletoft

Speaker: Isabel Compton, Unity Teacher

[Held online with Zoom](#)



"Connecting To Our Peace"

"Myrtle Fillmore said, "Every cell of my body is alive with the sweet pure wholesome energy of God." This is an opportunity to feel the wholesome energy of well being flowing to us and through us, and so to deepen into mental rest and physical restoration.

Join us for an hour of connection through prayer, meditation, listening to some Unity ideas and sharing music. Everyone is made welcome and we invite you to join us and learn more about how Unity can support you in all that is happening, in your life and in the world.

Join us live on [Zoom](#)

We very much look forward to sharing the afternoon with you.



Unity Book Discussion Group

Are you interested in learning more about Unity and how our ideas and practices can support you?

If so, join our [Zoom online](#) book club discussion - you can interact as little or as much as you want, with no purchase necessary - the book is displayed on the screen.

We start a new book, Tuesday, 13th October - What Are You - by Imelda Shanklin.

This is a Unity classic book, and one which will benefit from shared discussion and understanding.

We meet from 7-9pm on the second and fourth Tuesday.

For the direct link to our meetings, [email us](#).

The meeting is led by Licensed Unity Teacher, Paul Mapletoft.

Support through these times



Unity is here to support you through prayer and the written word, sharing ideas and practices that we use to help us thrive.

Currently we have on sale 32 Unity booklets (ranging from 34-50 pages), covering many subjects, including prayer, comfort, health and prosperity. We are keeping the cost as low as we can, so as many people as possible can benefit.

With the cost starting at just £1.50 (including postage and packing) there is a wealth of support here for you.

These costs are for UK orders only. To post overseas, [email us](#) for the costs.

[View and order the booklets](#) [View our shop](#)

Free Online Meetings and Events

We all need support and human interaction through these times.

Thus we are delighted to remind you of weekly and monthly events we hold on Zoom.

Daily Word morning prayer and contemplation

Midday Silent Unity Prayer Service

Online book club

The Art of Stillness - led by Unity Teacher, Isabel Compton.

Incorporating QE techniques by Frank Kinslow, using the body to still the mind.

[Email](#) for more details

Silent Unity UK Prayer Ministry

"Where two or three are gathered together in my name,
there I am in the midst of them."

Matthew 18:20



Silent Unity UK is part of is Unity's international prayer ministry, dedicated to joining you in confidential and affirmative prayer.

If you have experienced anything that is causing you concern, whatever it is, we are here to pray with you. Together we recognise our oneness with God in the midst, guiding and healing always.

Request Prayer

Call: 01628 628916

Write: Unity, 10 Lake End Court, Taplow Road, Taplow, Maidenhead, Berkshire.

SL6 0JQ

Join us online via Zoom for our prayer meetings:

Monday - Saturday at 9 am and Sunday at 10am for Daily Word and prayer.

Monday - Friday at 12 pm with the Silent Unity Monthly Prayer Service

Listen to some of the night time prayer messages of support. And if you like the page, do share it with a friend.

Daily Word - Tuesday 20th October

Through God within, I create waves of peace.



The energy I carry inside affects the world around me. When I feel sad, mad or glad, the people around me can pick up on those feelings too.

Daily Word is available in printed form, on tape or CD and digitally via email.

For more details, and to order [click here](#).

When I allow myself to open to the presence of God within and fully process my thoughts and feelings, the result is deep peace that radiates outward, contributing to the energy of genuine healing everywhere.

I find time today to be still. Turning within, I become aware of any tension I may be holding in my body, which can give me insight into my emotions. I welcome all my feelings with acceptance and allow them to wash over me. Like a wave, they build, crest and calm as I send myself love. The resultant peace that surpasses all understanding is mine to share.

"The Lord lift up his countenance upon you and give you peace." - Numbers 6:26

New to Unity and Daily Word?

For a welcome pack and complimentary copy of Daily word [click here](#)



The Written Word

Unity Magazine: Deepen Your Spiritual Journey

Sitting alongside Daily Word, Unity produces a bi-monthly A4 magazine with articles by Unity, New Thought and spiritually inspired writers.

A one-year subscription is just £30 (UK only). it is published by Unity World Headquarters in America.

You could be inspired to express more of your divine nature as you deepen your spiritual journey.

Call the office to order: 01628 628915

[Order online](#) through our website

Thought for the Week

Every Monday we send out a **Thought for the Week** via email, sharing ideas, practices and experiences gained through Unity teachings.

[Click here](#) to receive the weekly emails, to send us your name and email address. We will set this up for you. At any time you can unsubscribe.

If you like what you receive, or you have any questions, [get in touch](#). We thrive on the connections and conversations we share. For it is together that we come to remember who we are.

The Final Word



"Let us come together and know God as Presence: Pure, Unfiltered and Wise, here in our midst."

Rev Kimerie Mapletoft



Unity, 10 Lake End Court, Taplow Road, Taplow, Bucks

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Your copy should address 3 key questions: Who am I writing for? (Audience) Why should they care? (Benefit) What do I want them to do here? (Call-to-Action)

Create a great offer by adding words like "free" "personalized" "complimentary" or "customized." A sense of urgency often helps readers take an action, so think about inserting phrases like "for a limited time only" or "only 7 remaining!"

Unity Maidenhead | Unity, 10 Lake End Court, Taplow Road,
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Sent by kimerie.mapletoft@unityuk.org

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