

Silent Unity

October 2020 Prayer Service



Devoting our time to prayer, we draw from the ever-flowing well of divine life, love, and substance that is the source of all fulfillment. We bring to this prayer time any human need on our mind and every person in our heart. We pray in concert with Silent Unity for ourselves and all who are seeking spiritual reassurance.

Let no thoughts disturb me, for God is peace in my mind.

Centered in God, the source of peace, I pivot attention away from my concerns and toward the Silence, where peace is my experience. For a precious moment, I renew and refresh my mind, clearing and opening to the peace of now. God is my peace ... ≈

Divine love's healing and harmonizing power flows within me and from me.

My heart beats to the rhythm of divine love. Love's continuous flow is a healing agent within my body and mind. My thoughts heal and harmonize, fortifying me to be a presence of love in the world. In love, I heal and harmonize my sense of self and relationships with others ... ≈

Life is a divine healing stream within my body, mind, and being.

Divine life is a river that can never run dry, an eternal stream of well-being in which I am whole. No human conditions could possibly interrupt or diminish the flow of life, for God is the substance of life. I am thankful for and celebrate the fullness of life ... ≈

I am in concert with divine order, trusting my way into all that comes next.

Centered in God, the source of divine order, I walk an orderly path. My mind is capable of organized thinking in keeping with divine law and order. I am readily able to change course as circumstances require, adjusting easily and gracefully. I evolve every day as I trust innate divine order ... ≈

Let there be peace on earth, and let it begin with me.

I envision the radiant light of God encircling our beautiful planet, an energy field that unites everything and everyone. I am an integral part of the whole, and the inner peace I cultivate becomes a gift to the whole. My prayer for peace on earth begins within peaceful silence ... ≈

Returning our awareness to our breath, we realize the gifts of pausing for prayer: deeper peace, greater love, and stronger life. Together, we pray the "Prayer for Protection" ...

The light of God surrounds us;
I AM light.
The love of God enfolds us;
I AM love.
The power of God protects us;
I AM power.
The presence of God watches over us.
I AM presence.
Wherever we are, God is!
I AM Divine.

For prayer support, download the uPray app, visit silentunity.org, or go to [facebook.com/silentunity](https://www.facebook.com/silentunity).


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24/7 Prayer Support

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Note: ≈ indicates a pause.

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