

Greetings from

# Birmingham Unity

March Newsletter

Edition Issue 3

## February 2020 Meeting

Hello everyone,  
First of all, thank you to all those that attended the February meeting – it was quite unusual – as we sat around a table and reflected on our spiritual journey. It was an amazing meeting – as we don't always have the time to do this type of heart to heart meeting. Please note it was a departure from the scheduled meeting, as we wanted Carol to do her presentation to more people; so Carol will now be doing her meeting in March. We felt it was really important that her message was received by more people. Looking forward to seeing you all at the March meeting.

**21<sup>st</sup> March, 11am, Carol Hextell**

### 'Being a Being of Light'

This month the talk is from Carol Hextell. As it is the first time that she will be doing a presentation could people make every effort to attend, as I think her topic is a fantastic one.

She will be explaining to us the ways that we are beings of light, and how we can use that light in our everyday lives. We will reflect and discuss, such questions as: 1. How do we access that light? 2. How can it help us in our daily life? She will be referencing Eric Butterworth and other Unity giants into her talk.

I really feel that this could be an enjoyable day, so please encourage people to attend.

## Message from Carran



Hello Everyone,  
Could we please keep Carran in our prayers, she's currently has some health challenges; but shared this poem with me, and I feel that it is spot on for this season:

### THE TREE

(Author unknown)

Let me grow – Let me be – Let me love.....

But now and again let me stand with your arms around me, so that I may know the sun in your body and the cool breeze in your lungs.

Our Spirits will flow and melt into one another as soft snowflakes.

Pause sometimes to watch me dancing as the wind plucks the lyre of my being.

See me shining in the rain – all hung with the still jewels of the morning.

Shelter under me sometimes and your presence will clothe me when I am naked in winter.

Perhaps then, in the Silence, you will come to know the pulse of the earth and the slow rhythmic music that turns the seasons.

But come also when I am clothed in Spring, and my leaves are a bright symphony of tiny feathered songs.

And within the joy of my being, understand, and love your own being.

Let me grow – Let me be – Let me love..... ”

Carran.



## Dates for your Diary:

March 21<sup>st</sup> 2020 – Carol Hextell, “Being a Being of Light”, Birmingham Unity

April 18<sup>th</sup> 2020 – Reverend Kimerie Mapletoft, “Flower Service”, Birmingham Unity

May 16<sup>th</sup> 2020 – Carran Stephens, Birmingham Unity

May 25<sup>th</sup> 2020 – Unity Retreat – “Survival Guide for the Soul”, Kairos Centre  
Please contact 012628 628915 or email [info@unityuk.org](mailto:info@unityuk.org) for additional information

June 20<sup>th</sup> 2020 – Martin Nathaniel, “Mysteries of the Kingdom”, Birmingham Unity

July 18<sup>th</sup> 2020 – Paul Mapletoft, Birmingham Unity

**AUGUST – WE ARE CLOSED – SUMMER BREAK**

Lastly, Unity is an organisation that is truly moving with the times, and through Unity Maidenhead there is an online spiritual Unity community, you can be part of if you chose. I have certainly been more involved online and find it therapeutic.

### Connecting online with Unity in the UK

Unity is proud to be able to offer many of our events free online.

They include:

- Daily Word 9 am prayer and reflection meeting
- 12 pm Silent Unity Prayer Service, often held as silent prayer
- Mindfulness Meditation, first Friday of each month, 1-1.30 pm
- Twice monthly Maidenhead [book club](#)

They use Zoom, a free to use internet hosting site. [Zoom is easy to download](#) It provides a simple way to connect with these events from the comfort of your own home or wherever you are around the world.

The meeting ID number is: 739-579-4060

**If you have any questions please call  
Unity Taplow on 01628 628915**

Meetings are on the 3<sup>rd</sup> Saturday each month, at:

**Oaklands New Church Centre, Winleigh  
Road, Handsworth Birmingham B20 2HN**

We meet from 11.00am to 3.00pm.

Please bring lunch (to share if you like).

**Contacts:**

Important Contact Tel Nos:

**Carran** - Group Leader - 0121 559 1820

Email: [car.step2@gmail.com](mailto:car.step2@gmail.com)

**Beverley** - Administrator

[extraplay04@yahoo.co.uk](mailto:extraplay04@yahoo.co.uk)