

Unity Maidenhead - Sunday Gathering

18th August 2019

“I Believe in Release.”

Speaker: Nancy Sandoval

Opening Music: “This Majestic Land” by Michael Hoppe

Welcome: Light the Christ Candle

Opening Prayer and Invocation:

I am now in the presence of Pure Being
Immersed in the Holy Spirit of life, love and wisdom.
I acknowledge Thy presence and Thy power, O blessed Spirit.
In Thy Divine wisdom, now erase my mortal limitations
And from Thy pure substance of love
Bring into manifestation my world, according to Thy perfect law.
(Charles Fillmore)

Song: “Letting go of Holding on” by Richard Mekdeci

Daily Word:

“I am doing my part for world peace.”

Read by Ken Bradley

Leading into a silent meditation

The Message

“I Believe in Release” by Nancy Sandoval

Faith

Denial: I give no power to weakness, helplessness and despair.”

Affirm: I have faith in myself as a perfect expression of God in the process of unfolding.

Release

Denial: I give no power to limiting thoughts and feelings.

Affirm: I let go of tension, stress and strain. I relax and trust God.

Song: “Just a Little Faith” by Richard Mekdeci

Announcements

Love Offering Blessing:

“Divine Love expressing through me, blesses and multiplies, all that I have,
all that I give, all that I receive and my awareness of all that I am.”

Song: “Count Your Blessings” by Richard Mekdeci

Closing Prayer

The light of God surrounds us – I AM (is) light

The love of God enfolds us – I AM (is) love

The power of God protects us – I AM (is) power

The presence of God watches over us – I AM (is) presence

Wherever we are, God is. – I AM (is) divine

The Peace song

Letting go of Holding on

I'm letting go of holding on.
God is my Shepherd I shall not want.
I'm letting go of holding on.
Seeking first the kingdom of God.

I let go of the feelings that feed on
lack and greed.
I let go of the reasons keeping me in
need.
I let go of the fear that there's never
enough
And I stop holding on to what is not
love.

I'm letting go of holding on.
God is my Shepherd I shall not want.
I'm letting go of holding on.
Seeking first the kingdom of God.

We breathe in we breathe out, it's all
give and take.
They're one with each other, for all of
goodness sake.
The loaves and the fishes, were
blessed then released,
And barely enough turned into a feast.

I'm letting go of holding on.
God is my Shepherd I shall not want.
I'm letting go of holding on.
Seeking first the kingdom of God.
(repeat)

Just a Little Faith

Chorus:
Just a little faith when the storms of life
are blowin'
Just a little faith will get you where
you're goin'

Count Your Blessings

When upon life's billows you are
tempest tossed
When you feel discouraged thinking all
is lost
Count your many blessings, name
them one by one
And it will amaze you what the Lord
has done.

Count your blessings, name them one
by one
Count your blessings, see what God
has done
Count your blessings, name them one
by one
Count your many blessings see what
God has done.

When your life seems empty it is so
untrue
There's a might presence making all
things new.
Miracles take place wherever you
may be
Proving that God's love is with you
constantly.

Count your blessings ...

So amid the conflict whether great or
small
Do not be discouraged God is overall
Count your many blessings, every
doubt will fly
And you will be singing as the day
goes by.

Count your blessings ... *(repeat)*
Just count your blessings name them
one by one
Name them one by one
Count your many blessings, see what
God has done.
(There shall be showers of blessings.)

Announcements:

Unity On-Line Book Club

2nd and 4th Tuesday, monthly, 7-9pm
"Days of Awe and Wonder" Marcus
Borg. Led By Paul Mapletott

World Day of Prayer

Thursday 12 September
9am-9pm
At home, online and in our Taplow
prayer room
This year we have various prayer-filled
activities planned throughout the day.

Next Maidenhead Sunday Gathering:

Sunday 15 September, at 3pm
Speaker:
Isabel Compton – Going Within

Autumn Retreat:

"Living on Purpose: Creating a Life
You Love"
Thursday 26 – Saturday 28 September
Whalley Abbey, Lancashire
Just £209 per person. All rooms ensuite
Just three rooms left

One Day Retreat

"Releasing Your Inner Splendour"
Saturday 16 November, 11am-4.30pm
Friends Meeting House, Maidenhead
Just £25 per person