

unity
in the uk

Visit our website



JOINING HANDS
and hearts

a spiritual way of living

'I am' is the way

May 2021

Dear Friend,

"I am the way, the truth and the life. No one comes to the Father except through me." John 14:6

What does this very familiar and beautiful Gospel verse really mean for us today as we practise living an authentic, spiritual way of life in our rapidly transforming world?

This statement in the Gospel of John, known to many as the mystical Gospel, takes us deeper into truth, and the qualities that Jesus taught, through the 'I am' statements, that apply to all of us.

For in Unity, we understand that the early followers of Jesus would have heard and read this statement as, do what I do, love as I love, and you will know God. [Read on](#)

Rev. Kimerie Mapletoft

Director of Silent Unity and Daily Word UK



Our exciting events this month

Connect with us on social media

SIGN UP and stay up to date with our online events



Online Unity Home Retreat

"Reclaiming our Wholeness"

Friday 7th, 7.30pm - Sunday 9th May, 1.30pm

Cost: Just £30

Our second home retreat is almost upon us and we would love to welcome you to this uplifting and nurturing experience.

With a mix of presentations, break-out rooms, meditations and quiet nurturing free time, we will look to reclaim our wholeness in body, mind and soul. Using our Unity teachings, let us make real our experience of wholeness to live healthy, meaningful and abundant lives.

Book here to secure your place



Daniel Nahmod Live in Concert:
Saturday 8th May, 7.30-8.30pm

We are so excited!

Daniel Nahmod

is sharing his music live with us

in the UK and Europe.

Daniel is an inspirational singer/songwriter, producing his own profound, heart-opening music.

His CD's include Sacred Love 1 and 2, with media appearances on Saturday Night Live, The Voice, American Idol and The Today Show. His messages of peace, love and compassion reach across all faiths. We love playing his music at our Unity events.

Those joining us for our May home retreat have free entry to the concert.

For everyone else, you can book your seat for this very special and unique evening performance for a suggested donation of £5-10.

[Book your place here](#)

Unity Centre Maidenhead

welcomes you to our

Sunday Gathering & Service

16th May at 3.00 pm

"Life begins (began) at 40!"

Talk: Carran Stephens

Leader of Unity Birmingham

Led by Rev Kimerie Mapletoft

At the age of 41 Carran said Yes! to her spiritual quest, and when discovering Unity, found completion.

As the leader of Unity Birmingham, Carran brings her wisdom, love and understanding to bless us on our own spiritual journey.

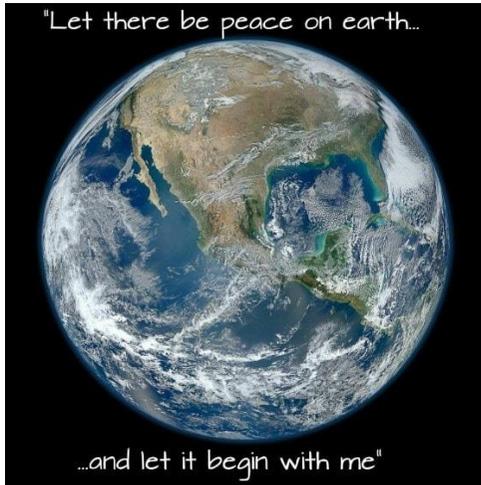
[Held online with Zoom](#)

We will open the meeting from 2.50 pm to connect with each other before and after the service.



"Our Quest"

The message from our April Sunday service, given by Rev
Kimerie Mapletoft



Affirmative Prayer Group

Every Thursday, 7.30-8.30pm

Prayer is at the heart of Unity: Affirmative prayer is when we use our words and feelings to connect with our good, believing it is already present in the Mind of God. In Unity, prayer is not about telling God what to do or fix life. Prayer is to connect us with the flow of good that is here but is perhaps not yet seen.

Each week we will read or listen to Unity writers who share their experiences about affirmative prayer. Then we will be invited to bring our prayer requests to the group to experience how powerful and life-changing affirmative prayer can be.

The group environment upholds confidentiality, respect and compassion for each other and all that we share.

Read more details and book your place. Or simply [turn up online](#).

Together we build spiritual community.



New Unity Booklet:
Messages we need to hear
The writings of Martha Smock

Just £2.95

As you think about your personal experiences and all that has been happening in the world, it can feel overwhelming. We all need reminders of what is good and true.

This new Unity booklet provides reassurance for today's tumultuous times through poetry and essays, by one of Unity's beloved authors and an editor of Daily Word for over thirty years.

For more information and to order

Silent Unity UK Prayer Ministry

"Where two or three are gathered together in my name,
there I am in the midst of them."

Matthew 18:20



Silent Unity UK is part of Unity's international prayer ministry, dedicated to joining you in confidential and affirmative prayer.

If you or a loved one have experienced anything that is causing you concern, or you would simply like to connect in prayer, we are here to pray with you. Together we recognise our oneness with God in the midst, guiding and healing always.

[Request Prayer](#)

Request Prayer

Call: 01628 628916

Write: Unity, 10 Lake End Court, Taplow Road, Taplow, Maidenhead, Berkshire. SL6 0JQ

Email

Join us online via Zoom for our prayer and meditation meetings:

Monday - Saturday at 9 am and Sunday at 10am for Daily Word and prayer.

Monday - Friday at 12 pm with the Silent Unity Monthly Prayer Service

Check out our free prayer resources

If you like the page, do share it with a friend.

Prayer For Protection Video

A short video celebrating Unity's simple, beautiful and very popular Unity prayer which is used by people around the world every day - especially in these challenging times.



Free Online Meetings and Events

We all need support and human interaction, along with encouragement and hope.

Here we remind you of our regular online events held on Zoom.

Daily Word morning prayer and contemplation

Midday Meditation

Affirmative Prayer Group

Online book club

The Art of Stillness

Daily Word - Wednesday 19th May, 2021

"In changing my perspective I find my good."

How will I greet this day? By the simple act of asking this question, I remind myself that I have a choice. My power of perspective gives me the ability to focus on possibility and hopefulness.

Feeling bogged down or overwhelmed is a sure signal that I could benefit from changing my perspective. I return to my spiritual centre, placing God first in all areas of my life. From this elevated perspective, I feel calm and centred.

My perspective directs my attention and informs my thoughts. My shift in perspective begins inwardly, as I fill my consciousness with positive thoughts. Before long, my outer world will reflect those thoughts. My shift in perspective has led me to discover a world made new.

"She said to her husband, 'Look, I am sure that this man who regularly passes our way is a holy man of God.'" - *2 Kings 4:9*

[Find out more about Daily Word and subscribe here](#)

New to Unity and Daily Word?

Receive a free welcome pack

The Written Word

[Unity Magazine: Deepen Your Spiritual Journey](#)

Sitting alongside Daily Word, Unity produces a bi-monthly A4 magazine with articles by Unity, New Thought and spiritually inspired writers.

Our current magazine for March/April includes articles by Lynne McTaggart, architect of The Intention Experiments, Anita Moorjani who writes about living fearlessly and Robert Ohotto who encourages us to use our intuition as our inner compass through life.

A one-year subscription is just £30 (UK only). it is published by [Unity World Headquarters](#) in America.

Call the office to order: 01628 628915

[Order online](#)



Thought for the Week

Every Monday we send out a **Thought for the Week** via email, sharing ideas, practices and experiences gained through Unity teachings and practices.

[Click here](#) to receive the weekly emails through Constant Contact. At any time you can unsubscribe.

If you like what you receive, or you have any questions, [get in touch](#). We thrive on the connections and conversations we share. For it is together that we come to remember who we are.

Do share these emails with friends and family and invite them to [join up](#) and receive them.



We love to share Unity with you. If you love what you receive and want to support us, please give a donation.

[Donate today](#)

Each loving gifts helps us to continue to serve, for which we are extremely grateful.

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