

THE FAITH THAT HEALS

By Rev. Sherri James

“The first step in all spiritual healing is to believe, and the next step is openness and receptivity to the stream of healing life. Through the exercise of faith and our words... the work is marvellously accomplished.”

Charles Fillmore, *The Revealing Word*

The faith that heals begins with belief – your belief. Do you believe that you can be healed? Your faith can help you see your present circumstances differently. Even though things seem dire, you accept that a way out is possible for you.

Always remember that wholeness is the *rule* of the Universe. You are a self-healing organism. The same principle that heals a paper cut holds true for every condition that appears. Just as the paper cut instantly begins to heal, any condition begins its healing process the moment it appears. No matter what it looks like, your body, your life, your world continually reaches for wholeness. Even in the midst of seeming crisis, healing has begun.

Whenever I feel frustrated with the healing process, I remind myself that what seems to be a puzzle for me is not a puzzle for God. Spirit knows exactly what must happen and when.

Declare: I have the faith that heals. An awareness of wholeness now saturates my consciousness. Outer conditions have no bearing on my ability to see life without this condition. I speak with confidence because my healing is assured. The deepest part of me knows, with clarity, that Spirit is working for me to have the health I require. I Am. Healed.

Every manifestation goes through a secret process to become a physical reality. My faith enables me to trust the hidden process that healing requires. I can remain calm even when the process seems too slow. If I feel anxious or tempted to believe that nothing is happening, I simply remind myself that I do not need to *see* the process in order to *trust* the process. The same universal law that turns an acorn into an oak tree is the law that will turn my mustard seed of faith into health.

Faith allows me to relax in the face of seeming insurmountable circumstances because I know that healing is my birthright. My wholeness unfolds according to divine law. Faith purges my mind of thoughts and feelings of lack, limitation and fear. It makes room for harmony in my body.

Let me have faith to boldly make a plan for my life beyond this moment. Undaunted, I look through this season of limitation to the next horizon of plenty. I take whatever positive actions must be taken right now, holding firmly to a vision of the future without this condition.

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