

# Unity Prayer Service

February 2026

## The Heart Remembers

We begin by settling into breath. Each inhale opens space within. Each exhale clears what no longer serves. There is no effort here, only awareness. Love meets us in this quiet beginning.

It holds the rhythm of the world, steady and unbroken, alive in every heart, willing to remember.

God is the source and substance of love. It is not something that comes and goes. It is the presence that sustains life itself. In this sacred awareness, we rest.

We remember that the life of God is the love we live, breathe, and share.

## Love is my beginning and my being.

Before words are formed, love is already speaking. Before action takes shape, love is already moving. Every thought formed in love carries light. Every choice rooted in love brings healing. Love flows through my consciousness as understanding, through my heart as compassion, through my hands as service.

The power of love anchors me in divine connection. It harmonizes, restores, and holds all things in perfect balance. I am an instrument of divine love, steady and radiant, alive with the pulse of Spirit ... ≈

## Love brings wisdom to my seeing.

In the stillness, divine ideas begin to shimmer.

They rise like dawn through the quiet places of my mind. The power of wisdom opens my understanding, and the power of faith guides me to act with clarity. Through love, I see beyond appearance to truth. Every person becomes a reflection of the same divine light. Every circumstance becomes an opportunity for grace. I am guided by a wisdom that knows no confusion. It moves through love, and it reveals the next right step with perfect ease ... ≈

## Love breathes life into my moments.

The power of life moves freely through me. It animates every thought, every heartbeat, every possibility. I open to divine vitality and allow it to renew my whole being. Love is the current carrying joy through my day. It invites creativity, laughter, and rest. I honor this sacred balance, knowing that rest is holy and joy is a prayer as powerful as silence. Every breath, every word, every act becomes a living expression of divine life in motion. I am awake to the beauty of being alive ... ≈

## Love strengthens the ground beneath me.

The power of strength gives shape to love's endurance. In moments that stretch me, love steadies me. In times of uncertainty, love deepens my faith. I stand rooted in the presence of God, strong, centered, and willing to remain open.

Love in me does not falter; it expands. It reaches farther than fear and holds me in its truth. I trust the divine order unfolding within and around me. Strength and love work together in harmony, and I am grounded in both ... ≈

## Love moves through me as blessing.

Through the power of zeal, love awakens passion and purpose. Through the power of will, it becomes choice made visible. I carry love into the spaces I enter, whether in conversation, silence, work, or rest. My awareness of God's love becomes a quiet prayer that blesses the world without effort. I see every soul as holy, every meeting as a divine appointment. I am here to love, and through that love, the world is transformed ... ≈

As our time of prayer draws to a close, we rest in the vastness of divine love.

It is the essence of who we are, the power that unites all creation, the grace that never ends.

We are held in it, renewed by it, and called to live from it in every breath that follows.

We give thanks for this remembering that love is not something we practice only in prayer, but something we become again and again.

Together, we affirm:

**The light of God surrounds us;**  
I AM light.

**The love of God enfolds us;**  
I AM love.

**The power of God protects us;**  
I AM power.

**The presence of God watches over us.**  
I AM presence.

**Wherever we are, God is!**  
I AM Divine.



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