

Unity Prayer Service

May 2025



As we enter this sacred moment of prayer, we align with the divine flow that moves through us. We embrace the perfect balance of giving and receiving in every heartbeat and breath. In moments of action, we are guided; in moments of stillness, we are restored. The pulse of life mirrors the presence of God, always here, always good. We are grounded and uplifted in this rhythm, united with the Source. We open ourselves to the wisdom, love, and peace that flows naturally within and around us. We are one with God, now and always.

Anchored in the Divine, I am calm and safe.

I feel a deep sense of peace and security rooted in the Presence. As I gently turn my attention inward, I reconnect with the eternal Source that sustains me. In this sacred stillness, I recognize that peace is my true nature, always present, always flowing. The worries of the world fade away in the light of this inner serenity. God's peace fills my mind with clarity and my heart with grace. In this quiet space, I rest in the knowing that peace is here, and I am one with it ... ≈

I radiate divine light and clear understanding.

Divine light shines at the core of my being, illuminating my thoughts and guiding my path. My mind is in perfect harmony with the wisdom of the Infinite. With each breath, clarity and understanding flow effortlessly into my awareness. This inner light reveals the way forward, making my thoughts purposeful and my steps sure. In the stillness, the brilliance of Spirit leads me with confidence and grace ... ≈

Through divine strength, I embrace my perfect wholeness.

Aligned with divine mind, I remain unwavering through all challenges. No temporary circumstance can define or confine me, for I am rooted in the infinite strength of Spirit. In moments of discord or doubt, I reconnect with my true essence, knowing I am one with the boundless power and peace of God. In prayer, I rise above limitations, embracing my divine nature and standing firm in the truth of who I am ... ≈

I embrace each blessing with a grateful and giving heart.

As I pause to recognize the abundant blessings in my life, my heart fills with deep gratitude. Knowing that the Divine is the source of all inspiration, I trust in the flow of prosperity and purpose in my life. I move through each day with kindness and intention, grounded in the awareness of my infinite potential. From the stillness within, all that I am and all that I create emerges in perfect harmony with Spirit ... ≈

With each gentle breath, we bring this sacred time of prayer to a peaceful close. As we move forward into the hours ahead, we choose to remain grounded in peace, guided by wisdom, filled with life, and strengthened by faith. Let our hearts overflow with gratitude, shaping every word we speak and every action we take. We now affirm divine protection and grace that surrounds us always as we walk in the light of the Spirit. Let us conclude with the "Prayer for Protection" together:

The light of God surrounds us;
I AM light.


The love of God enfolds us;
I AM love.

The power of God protects us;
I AM power.

The presence of God watches over us.
I AM presence.

Wherever we are, God is!
I AM Divine.

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