

Unity Prayer Service

October 2021



Beginning in a state of appreciation, we breathe the breath of Spirit, the one life and substance, the Word of God. Within the Word is the pattern for spiritual vitality and wholeness that inspires us. We enter into communion, one with one another and one with God, in prayer.

Peace. Peace. Peace is my true nature.

The Word is peace. Peace is mine, an underlying and overarching sense that all is well in this moment as I align my mind and heart in God, the source of peace. I speak to my mind and heart the Word of peace, in this moment of silence ... ≈

Centered in divine wisdom, I trust my inner knowing.

The Word is wisdom, a sense of direction arising from within. Every question, concern, and challenge resolves in the light of wisdom, my ability to judge, discern, and intuit. The path ahead becomes visible as I speak the Word of wisdom, in this moment of prayer ... ≈

I celebrate ever-flowing vitality in my body and my life.

The Word is life, the animating principle and force, the Word from which every divine idea springs. I celebrate God-Life free-flowing, revitalizing my body and my life. I speak the Word of life to know that as I will to be whole, I am whole. In the Silence, I know life ... ≈

My mind is one with God-Mind, in which everything is possible.

The Word is order, divine order. All things become possible in the light of my orderly attention on God-Good first. All possibilities align in my mind, focused within divine mind. I speak the Word of order and allow my good to unfold. In the Silence, I pray ... ≈

Centered in Christ consciousness, I am the light of the world.

The Word is light, the illuminating light of God that I realize in prayer. The light reveals the great mystery and reality of oneness: God—no “other.” I revel in the light of oneness. I allow the light to shine upon the world with my every thought of blessing. I am the light of the world, in silence ... ≈

Within God, our source and inner resource, we now realize the Word that nourishes and enriches us. The living seed, the Word, springs to life and blossoms in our awareness, inevitably bearing fruit in our experience. As we pray the “Prayer for Protection,” we speak the Word of light, love, power, and presence:

The light of God surrounds us;
I AM light.

The love of God enfolds us;
I AM love.

The power of God protects us;
I AM power.

The presence of God watches over us.
I AM presence.

Wherever we are, God is!
I AM Divine.

For prayer support, download the uPray app, visit unity.org/prayer, or go to facebook.com/beunity.



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