

# Unity Prayer Service

November 2021



**S**easons come and go. Yesterday's harvest provides today's nourishment. Thoughts now in the past continue to inform us. Prayer we have practiced bears fruit. We begin a fresh period of prayer in thanksgiving for all that has come and gone, all that remains as blessing.

## **I breathe in an atmosphere of God's perfect peace.**

*Breathing out, I release accumulated tensions and distractions, becoming aware of peace, perfect peace within my next breath. God is my source of peace, complete peace. All that has been before this moment is now harmonized in the light of divine love, where I am centered in peace, in the Silence ... ≈*

## **By the light of divine wisdom, I know the way to go.**

*Although the paths I walked before this moment may point toward what comes next, I find my way by the light of divine wisdom. God is wisdom, the light that illumines the path ahead. I walk forward thoughtfully, intentionally, and intuitively, trusting I know the way to go, as I pray ... ≈*

## **All conditions are harmonized and healed in the presence of God-Life.**

*I choose life, moment by moment and breath by breath. I am present in God, the fullness of life in which conditioned thoughts and behaviors give way to the truth of my wholeness. I am wholeness. I am life. I am well-being ... ≈*

## **In a spirit of thanksgiving, I thrive.**

*For all that I have and all that I desire, for the good of my past and the good ahead, I am thankful. May my needs of today be fulfilled as I give thanks in advance. May I rejoice in possibilities, enriched and prospered right now, in the Silence ... ≈*

## **I am a visionary of peace within and among all people.**

*I attune to the light of God I recognize in all people, championing the good within us. I believe in our capacity for mutuality, respect, and kindness. I celebrate our shared divine humanity by which we love one another, in peace. In peace, I pray ... ≈*

Thankfully, we achieve inner peace. Thankfully, we make wise choices. Thankfully, we live well. Thankfully, we prosper. In a spirit of thanksgiving, we harness the power of God within for good. As we pray our "Prayer for Protection," we give thanks for our realization of God and our divine identity:

**The light of God surrounds us;**  
I AM light.

**The love of God enfolds us;**  
I AM love.

**The power of God protects us;**  
I AM power.

**The presence of God watches over us.**  
I AM presence.

**Wherever we are, God is!**  
I AM Divine.



1-816-969-2000  
1901 NW Blue Parkway  
Unity Village, MO 64065-0001  
[unity.org/prayer](http://unity.org/prayer)

For prayer support, download the  
uPray app, visit [unity.org/prayer](http://unity.org/prayer),  
or go to [facebook.com/beunity](https://facebook.com/beunity).

© 2021 by Unity (Bible quotation from the New Revised Standard Version.)

Note: ≈ indicates a pause.