

unity
in the uk

a spiritual way of living

New Beginnings

April 2019

Dear Friend,



UNITY VIDEO NEWSLETTER

April is here, and with it comes the promises of spring - beautiful flowers, warmer weather, longer daylight. It's wonderful to see the crocus flowers start to come up, although because of the milder weather this year, they were almost in full bloom from mid-February.

The crocus flowers all seem to bloom in the same place - circling the trees on the moor where I walk, and it's like welcoming a loved friend to see them there. [continue reading](#)

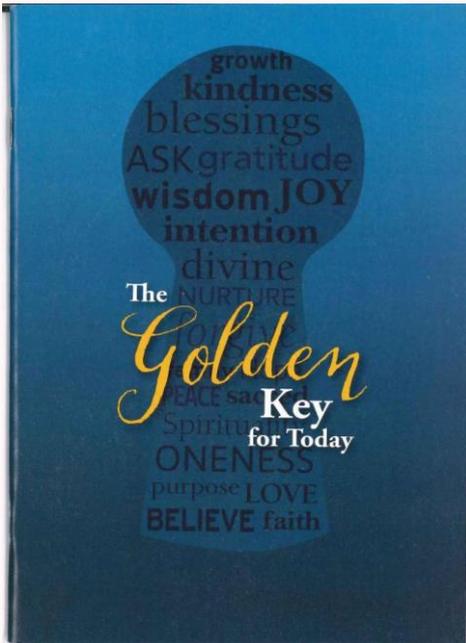
*Nancy Sandoval
(Licensed Unity Teacher candidate)*

Connect with us on Facebook, Twitter and YouTube



Unity Booklet

Featured Booklet: The Golden Key for Today



The original booklet, *The Golden Key*, written by Emmet Fox in 1931, is a little booklet that has inspired many, many people over the years.

It offers just one profound idea: "Stop thinking about the difficulty, whatever it is, and think about God instead."

So how many ways can it be used? How many different situations can it be applied? And how, exactly, does one practice *The Golden Key*? Is it even relevant any more?

Well, that is what our new Unity booklet is all about. In the first few pages you will read more about Emmet Fox and the history of *The Golden Key*, plus a reprint of the pamphlet in its entirety. Then various Unity ministers offer their thoughts,

personal stories and ideas on how they have used *The Golden Key* today and what it means to their lives.

Whether you already know *The Golden Key*, or if this is your first introduction to this core idea and activity, we believe this Unity booklet will be as special to you as it is to us. **Just £2.50 a copy (including UK p+p)** [Order your copy](#)



Listen to the Service from March

Celebrating the Christ Within

Our gathering today will be a celebration of the Christ message which is a message for each of us today in how we view ourselves and our world. With readings, affirmation, meditation and singing it will be a time of celebration and thanksgiving.

Unity Maidenhead Welcomes you to our **Easter Flower Service** 14th April at 3.00 pm

Led by: Rev Kimerie Mapletoft

Held at:
The Friends Meeting House
14 West Street, Maidenhead SL6 1RL

We look forward to meeting you and sharing this time together.
PLEASE NOTE: This month we meet on the second Sunday, not the third.

[How to join us via Zoom conferencing](#)

[Directions](#)

[Easter events around the UK](#)

[Unity London](#)

19th April- Good Friday Service, 11am

21st April- Easter Sunday Flower Service, 11am

[Unity Centre of South London](#)

18th April - Maundy Thursday Spiritual Communion Service, 7-8 pm

19th April - Good Friday Devotional Service, 3-4.30 pm

21st April - Easter Sunday Flower Service, 3.30-5 pm

27th April - "This Joyful Eastertide" event, 5-8 pm. This is a seasonal feast of music, poetry and songs together with light refreshments including Simnel cake, Easter biscuits and Easter eggs!

[Unity Birmingham](#)

13th April- Easter Meeting including a Spiritual Communion Service. 11am-3pm

Saturday Workshop



[The Path of Oneness](#)

A Workshop with

Martin Nathanael

Saturday 18th May, 2019

10.30am - 4.30pm

Held at:

The Friends Meeting House
14 West Street, Maidenhead SL6 1RL

[Fee: £35.00](#)

Includes tea and coffee

The Path of Oneness workshop offers an invitation to awaken from our mistaken "separate" identity. For "Oneness" means just that - there is one reality; it is complete, lacks nothing, and YOU ARE THAT - it is the natural divine essence of

each and all!

Non-dual teachings emphasise that awakening to this truth is not an exclusive privilege for mystics, monks and the like, but is equally available to everyone. Moreover, as our natural state, it awaits our re-discovery rather than being something new to be achieved.

During the day, the teaching will be supported by meditation and other spiritual practices which lead to experiential knowledge of and direct connection with our essential wholeness.

A brief bio:

During his late teens, Martin Nathanael found himself drawn to the esoteric elements of the world's spiritual philosophies, particularly focusing on the advaita (non-dual) tradition of India. Later, a mystical opening to Christ-consciousness led him towards working as a priest. [Continue reading the bio and a personal reflection](#)

Unity Celebration Day

The Association of Unity Leaders and Ministers UK
Invites you to:

'The Celebration of the Century'

Unity in the UK - 100 years

Saturday 13th July, 2019

Unitarian New Meeting Church, Birmingham

Pre-booked Tickets: £12 - includes lunch

[Book your place at this exciting celebration](#)

Unity groups have been meeting in the UK for 100 years - the first recorded groups met in London and Bournemouth in 1919.

In 100 Years Unity has come a long way. But the message is the same - the power of God is within us and we are here to live and express this power in our own unique ways. It is exciting and opens us to limitless possibilities in our lives, including creating healthier, happier lives and looking after ourselves and our planet to positive effect.

This celebration will be a chance to meet our Unity UK family, with Unity leaders coming from London, Maidenhead, Leeds and more. Together we will celebrate our history while connecting with some of the Unity teachings that have helped people for over 120 years worldwide.

[Check our website for more details](#) and to book your place.

Retreats 2019

RETREATS AROUND THE UK, 2019



**Unity Silent Retreat:
"Be still and know, I am God"**
Friday 26th - Monday 29th July, 2019

Held at:

**Holland House, Pershore,
Worcestershire**

Fully inclusive:

£299 per person, in single and twin
standard rooms

**UNITY RETREATS - A SPECIAL
EXPERIENCE**

With the gift of a silent retreat, we create space to open to our inner guidance, clarity, wholeness and peace. Holland House provides the perfect environment: Peaceful, welcoming and supportive with its beautiful chapel and extensive grounds.

With the gift of a silent retreat, we create space to open to our inner guidance,

Saturday and Sunday we will have times of silence for stillness, reflection, artwork and journaling. Also on offer, optional times of meeting together to share simple guided exercises to deepen and enrich our experience, including a labyrinth walk.

[Booking Form](#)

**Unity Renewing and Uplifting Retreat
"Living on Purpose: Creating a Life You Love"**

Thursday 26th - Saturday 28th September, 2019

Held at:

Whalley Abbey Retreat Centre, Whalley, Lancashire

Fully inclusive:

£209 per person in single and twin en-suite rooms

Unity offers tools and practices that help us release thoughts of human limitation and connect with our spiritual, healthy, whole and abundant selves. This retreat offers us the opportunity to take these tools and make them work for us. Together we will know and affirm: I can do all things through God in me.

[Booking Form](#)

Connecting online with Unity in the UK

Unity is proud to be able to offer many of our events free online, as part of our service to you.

This includes our 9 am and mid-day prayer meetings, Monday - Friday from our Silent Unity UK office at Taplow, the Sunday services from Unity South London and Unity Maidenhead and the Unity Maidenhead book club.

[Full details of our online calendar](#)

We love to share our meetings with you. [Zoom is easy to download](#) and provides a simple way to connect with these events from the comfort of your own home.
If you have any questions call us on 01628 628915

DAILY WORD

Monday, 13th May 2019

I release that which no longer serves me. I let go and let God.

Cleaning out cupboards and getting rid of clothes, gadgets, toys, or appliances is a healthy activity. It allows me to remove those things I no longer want or need and make space for new things. Letting go of thoughts, ideas, or habits that no longer serve me is cleaning out my mental closet. I release those things I no longer want or need, and in doing so, I make room for new, positive ideas and practices. I let go and let God. Today I clean my inner house. If a negative thought appears, I sweep it away. If I feel worried about a loved one, my finances, or health, I acknowledge the thought and release it. I open my mind to new ideas, positive activities, and practices that will enrich my life. I am receptive to the good that is unfolding before me now!

And the one who was seated on the throne said, "See, I am making all things new."-Revelation 21:5

Daily Word is available in printed form, on tape or CD and digitally via email.

[Listen](#) to an example of a spoken Daily Word read by Rev. Ken Bradley.

New to Unity and Daily Word?

For a welcome pack and complimentary copy of Daily word [click here](#)

[For details and costs](#)

Unity E-Mail: Thought for the Week

Every Monday we send out an email *Thought for the Week*, sharing ideas and experiences gained through Unity teachings. As we begin this new year we will focus on thoughts to empower, inspire and enable us.

If you would like to receive these weekly emails [click here](#) or [send us your name and email address](#) and we will set this up for you.

If you like what you receive, or you have any questions, [do let us know](#). We thrive on the connections and conversations we share. For it is together that we come to remember who we are.

[SILENT UNITY UK](#)

PRAYER MINISTRY

Silent Unity is Unity's international prayer ministry, dedicated to joining you in confidential and affirmative prayer.

"Where two or three are gathered together in my name, there I am in the midst of them." Matthew 18:20



DAILY PRAYERS - MARCH 2019

page, do share it with a friend.

[Request a prayer](#)

Call: 01628 628916

Write: Unity, 10 Lake End Court,
Taplow Road, Taplow, Maidenhead,
Berks. SL6 0JQ

Join us [online via Zoom](#) for our prayer meetings, Monday - Friday at 9 am and 12 pm

[Listen](#) to some of the night time prayer messages of support. And if you like the

Unity on You Tube

Steve Gough, Unity's in-house producer for all our recordings on [CD and DVD](#), has produced lots of material that we house on You Tube.

You Tube is a great way to see the many video recordings Steve makes for Unity. To discover all we have to offer *so far*, [click here](#).

And remember to subscribe in order to receive notifications when new videos are released. Simply click the button at the top of the page.

Happy exploring!

The Final Word



MY FAVOURITE DAILY WORD -
MARCH 2019

[DONATE TODAY](#)

[Website](#) [About](#) [Prayer-Silent Unity](#) [Daily Word](#) [Contact Us](#) [Centres & Groups](#)

[SHARE THIS EMAIL](#)

[SIGN UP FOR EMAILS](#)

Unity Maidenhead, 10 Lake End Court, Taplow Road, Taplow,
Maidenhead, Buckinghamshire SL6 0JQ United Kingdom