



UNITY BIRMINGHAM MARCH 2019 NEWSLETTER

Hello Everyone,

Begin Again - by Pat Wade Nicholson:

I am learning:

To let go, thinking I am in control.

To see the beauty in hope and change.

To feel the joy of surrender and faith.

To enjoy a life with less distractions.

To know silence is essential to growth.

Above all else, to know the love of God

Is behind all things.

For those who missed **February's talk** I have attached the PowerPoint presentation to this mailing. The talk was based on the Golden Key principles, I drew a lot of inspiration from Carran's October talk and Paul Mapletoft's talk on Prayer; so thank you both.

I am happy to come and do this talk again at any Unity groups. I fully enjoyed preparing it and presenting it to Birmingham Unity, so please email me or call me on 07808 535026 if you are interested.

There is a lot going on in Birmingham and Unity worldwide and in the UK. Did you take part in the Random Acts of Kindness week, which took place from the 17th February, if you did and you have some stories to share please let me know.

This month March 16th our speaker will be Beth O'Connell.

Her talk topic will be:

"Appreciating our Divine Heritage"

St. Patrick's Day weekend reminds all of us of the pride we take in our family's heritage. And as

spiritual beings we also have a divine heritage to celebrate.

Beth will also be bringing Nancy; as they are coming from Taplow; could you please make the effort to turn out and bring family and friends.

Lent will be starting 6th March, so I have attached to this email the booking form for the Lent Booklet; you can also call the Taplow office directly and pay over the phone and they will send you a booklet by post, immediately.

Our April meeting will be Reverend Kimerie Mapletoft and will be a special Easter service ...which includes a communion service, so please put this in your diary as it will be the 2nd Saturday - Saturday 13th April. The other date that I would like you to put in your diary is the Celebration Day which will also be the 2nd Saturday in July 13th July and it will be in Birmingham this year at the **Unitarian Church, [31 Ryland Street, Birmingham B16 8BL](#)**

Lastly Silent Unity are looking for Prayer Line Volunteers. If you are interested in serving as a volunteer prayer partner in Unity's telephone prayer ministry, then please email: info@unityuk.org or call 01628 628915 for further information.

UNITY RETREATS FOR 2019

26th - 29th July 2019. **Silent Retreat - "Be Still and Know, I am God", Holland House, Pershore, Worcestershire.**

26st September - 28th September 2019. **"Living on Purpose Creating a Life You Love", Whalley Abbey Retreat Centre, Whalley, Lancashire**

If you would like more information, contact the Unity Centre at Taplow (01628 628916).

So many great retreats this year to choose from - come along and bring a friend.

With Every Blessing,

Ber

Carrans Message....

Hello Everyone,

There certainly is a lot going within Unity in the UK, not least of which is the annual **Unity Celebration Day**. This year we are very honoured to have been asked to host this joyful occasion. We will be celebrating 100 years of Unity in the UK, what a milestone! Beverley has put the venue address in the main body of this newsletter, and we will put out regular updates as we go along.

All this activity has encouraged me to realise that there is much to smile about, and a lot of positive, joyful, outcomes when we “**Give it the light touch!**” This is one of the affirmations used regularly by the dearly loved **Rev. David Davenport**. He often gently reminded me of this many years ago if I got anxious or a little too serious about things.

Deep within all of us is the loving, healing, joyous activity of Spirit, the continuous and eternal wellspring of life. In our moments of stillness and quiet we align and know **God is all, and all is well.**

Every Blessing,

Carran 

Meetings are on the 3rd **Saturday** of each month, at **Oaklands New Church Centre, Winleigh Road, Handsworth, Birmingham B20 2HN**

We meet from 11.00am to 3.00pm

Important Contact Tel. Numbers:-

Carran Stephens - Group Leader - 0121 559 1820 or email: car.step2@gmail.com

Beverley Thomas - Secretary/Admin - 07808 535026

Please bring lunch (to share if you like).