



UNITY BIRMINGHAM FEBRUARY NEWSLETTER

Hello Everyone,

Thanks to all who came out to our first meeting of 2019 - the "**Burning Bowl Ceremony**". It was interesting and moving, and for this I thank Carran, and others who helped Carran set up and tidied away. We appreciate your gift of time to us. But I especially want to thank Carran for creating a great meditative and reflective meeting; and although this is my 10th Burning Bowl Ceremony, I learn something new every time. Words that I will be remembering are:

"God knows, God shows."

"I am receiving."

"I now receive."

"I feel great that I am now receiving. this are something better."

People like Eric Butterworth, Emilie Cady and the Fillmore's lived lives of faith, and I truly believe that this year, will be a year of grounding in our faith. This year felt different to me, and I hope it does for you:

"I relax and let the love that is God fill my mind, heart and soul."

At the end of this meeting, we also had a business meeting, and got some feedback on how we can improve things.

So now I am asking people, if you feel at all left out of this spiritual community and you would like us to do more to include you in, please let us know how,

and what that would look like, and how you see yourself contributing to that change. As you know Carran and I tend to be the main writers of this Newsletter, however if other people would like to get involved in contributing; then please let Carran and myself know.

FORTHCOMING MEETINGS:

February 16th - Beverley Thomas - Will be the main speaker for this meeting.

The topic will be: Golden Key: How to Shift Thought from Finite Conditions to Infinite.

This will be a follow up from Carran's October meeting, so please bring your pamphlets or booklets, as I would like to check in with how you all got on. Then look at the next phase of developing the Golden Key principles and how it fits in with biblical understanding. However it is not necessary for you to have either.

March 16th - We will be having a visiting speaker - Beth O'Connell, an Advanced Unity Student.

April 13th - Kimerie Mapletoft - Licensed Unity Minister and Teacher. This will be an Easter/Flower Service, another of the wonderful traditions of Unity.

Please note the change of date for the April meeting, as it is Easter we changed the date giving people with families the opportunity to spend with friends or families.

Namaste

Beverley

Carran's Message....

Hello Everyone,

Welcome to cold and snowy February! I hope you are all managing to keep warm and cosy, unlike the people in Chicago who are experiencing extreme freezing temperatures!! How would we cope I wonder?

Moving on, I am looking forward to Bev's talk this month (the 16th), and her title .."How to Shift Thought from Finite Conditions to Infinite", is quite a thought provoking topic. As she said, it is following on from the October session based around "The Golden Key", and its message of..... 'not focusing on the problem, issue etc., but focusing on God instead'.

Personally, I find myself shifting between the meditative receptive awareness of pure Spirit, encompassing my whole being, where the '**little I, of my personal self**' pales into insignificance, to coming back to conscious awareness of the challenges and problems filling my mind. This has been particularly prominent and difficult over the past few months, as I seem to be surrounded by friends and family going through very serious health conditions. I find myself stepping away and dis-connecting from my true divine nature of Oneness with God/Spirit. Thankfully, I know that a few minutes of prayerful silence and stillness, restores my harmony again.

I know all is in divine order, and as I remind myself of this, I take a breath and feel calm, steady, and know that "all is well".

"The crooked shall be made straight, and the rough ways made smooth." - Luke 3:5

Much Love,

Carran. 

Meetings are on the 3rd Saturday of each month, at **Oaklands New Church Centre, Winleigh Road, Handsworth, Birmingham B20 2HN**

We meet from **11.00am to 3.00pm**

Important Contact Tel. Numbers:-

Carran Stephens – Group Leader - 0121 559 1820
or email: car.step2@gmail.com
Beverly Thomas – Secretary/Admin – 07808 535026

(Please bring lunch (to share if you like).