

# Silent Unity

## February 2019 Prayer Service



In the Book of Genesis, “Let there be light” is the divine creative command. We begin our prayer time drawing upon the commanding power that has been and always will be at the heart of our spiritual capacity. God, the creative principle, is our Source and ever-present resource. Let us pray.

### God is the author of my inner peace.

*Breathing consciously, I say to my thoughts and feelings: Let there be peace. Let peace arise from within, permeating my mind and my being. Let me know God is the Source of peace. Let there be a flow of peace replacing every anxious, worrisome thought. Let there be peace, as I pray ... ≈*

### The harmony and unity of divine love lead my way.

*Centered in love that flows with no limits or conditions, let me cultivate harmonious thoughts that lead me to speak and act in love. Let there be unity in my relationships. Let my every decision be chosen wisely by the harmonizing and unifying power of divine love. In the Silence, I pray ... ≈*

### God is my health and well-being.

*No matter the circumstances, God is my health and well-being. Let there be health in every aspect of my life. Let me concentrate on all that is well, confidently centered in health and well-being. Let me revel in a continuous current of divine life, now and in the Silence ... ≈*

### I am abundance, giving and receiving good.

*Let there be plenty, and let my eyes perceive the good that can be. Let me live in assurance of ever-flowing, never-depleting abundance. Let there be plenty for me to give in a spirit of generosity. Let me receive graciously, gratefully. I pause in grateful silence ... ≈*

### I uphold the power of peace in all people.

*Let there be peace in the world, and let it flow from within the hearts of all people. Let me hold peace as a precious jewel, a delicate treasure. Let me lead with kindness, compassion, and cooperation, in keeping with the God of peace that is my source. Silently, now ... ≈*

We raise our voices in a refrain of courageous confidence as we close this session of prayer. We choose to remember in the hours ahead that all authority is within us to demand the highest thought and action of our divine identity. Let there be ... Let me be ... as we recite the “Prayer for Protection”:

**The light of God surrounds us;  
I AM light.**

**The love of God enfolds us;  
I AM love.**

**The power of God protects us;  
I AM power.**

**The presence of God watches  
over us.  
I AM presence.**

**Wherever we are, God is!  
I AM Divine.**

  
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Note: ≈ indicates a pause.

For prayer support, download the uPray app, visit [silentunity.org](http://silentunity.org), or go to [facebook.com/silentunity](https://www.facebook.com/silentunity).

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