

# *A Unity Silent Retreat*

## **“Be still and know, I Am God”**

**Friday 26<sup>th</sup> – Monday 29<sup>th</sup> July 2019**

At:

**Holland House**

Pershore, Worcestershire

**Led by**

**Rev Kimerie Maplettoff,  
(Director of Silent Unity UK)**

**£299 per person**

**In single and twin standard rooms with hand basins**

When we give ourselves the gift of a silent retreat, stepping back from the demands and distractions in our daily lives, we clear the way to experience God in us as our guidance, clarity, wholeness and peace.

Doing this in a place that is safe, comfortable and more than meets our physical and spiritual needs, with others of the same intent, helps us know this at a deeper level of awareness.

Friday and Monday we will open and close the retreat together as a group. Saturday and Sunday will be silent, with plenty of time for journaling, artwork, shared prayer and meditations and simple guided exercises to enrich the silence. We will also set up a labyrinth walk to enable a complete body, mind and spirit experience.

We are delighted to return to Holland House for this, our fourth Silent Retreat, in the beautiful grounds and peaceful environment this retreat centre offers us.

It is situated in the Worcestershire countryside, easily accessible by car and public transport. The grounds enable plenty of space to walk and reflect, including riverside seating, with rolling hills and countryside to explore if wished.

**To book your place, complete the form opposite and return to us with a deposit of £50 per person. We look forward to welcoming you to our Silent Retreat!**

Please send the balance of payment to reach us by 29<sup>th</sup> June. Any bookings made after this date must be paid in full at the time of booking.

# Unity Silent Retreat

**“Be still and know, I am God”**

**Holland House, Pershore, Worcestershire  
Friday 26<sup>th</sup> – Monday 29<sup>th</sup> July 2019**

**£299 per person in a single or twin standard room**

<b>Name</b> (Mr/Mrs/Miss/Ms)  Please write in capitals and give your full name	<b>Vegetarian meals</b>  Delete as required	<b>Special Needs</b> E.g. Dietary requirements/ room near the lift Please advise if diabetic meals are required
1.	YES/NO	
2.	YES/NO	

Home Address: \_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_ Post Code: \_\_\_\_\_

Daytime Telephone No: \_\_\_\_\_

Email address: \_\_\_\_\_

Emergency contact name and telephone number:  
\_\_\_\_\_

**Please indicate your room preference:**

Single Standard Room at £299 per person \_\_\_\_\_

Twin standard Room at £299 per person \_\_\_\_\_

**I/We enclose the deposit of £50.00 per person for**

\_\_\_\_\_ person(s)

**Bookings made on or after 29<sup>th</sup> June must be paid in full  
at the time of booking.**

All cheques are to be made payable to *Unity*. Or call the  
office on 01628 628915 to pay by credit/debit card.

**To confirm your place please complete and return the  
booking form only (please retain the information sheet  
for your information) with the required payment to:**

Unity, 10 Lake End Court, Taplow Road, Taplow,  
Buckinghamshire SL6 0JQ

For enquires please telephone 01628 628915  
E-mail: [info@unityuk.org](mailto:info@unityuk.org)  
[www.unityuk.org](http://www.unityuk.org)

*Please note: Minimum cancellation fee is £25.00 pp.  
Cancellations made after 20<sup>th</sup> June may incur a full  
cancellation charge due to Holland House Cancellation  
Policy.*

Please sign: \_\_\_\_\_

Preferred name on name badge:

Person 1: \_\_\_\_\_

Person 2: \_\_\_\_\_